

# Overton Public School

401 7th Street,

P.O.Box 310  
Overton, NE 68863



## Triennial assessment results 2026

### Meet our team

- Mr. Mark Aten- Superintendent
- Mrs. [Joan Gehrt](#)- School Nurse
- Mrs. Cydney Weiss- Staff Wellness Coordinator
- Terah Smith- Kitchen manager
- Kathy Potter- parent

### Policy compliance results

[Step 1 - Model Wellness Policy Comparison Results.pdf](#)

### Wellness policy goals

1. Nutrition education/promotion goal:
  - Water will be made available to students throughout the day.
2. Physical activity:
  - Students will be encouraged to engage in physical activities throughout the school day and will be provided with opportunities to do so.
3. Other goals for student well-being:
  - The District will partner with other individuals or entities in the community to support the implementation of this policy.

[Step 2 - Progress in Reaching LSWP Goals.pdf](#)

### Key achievements

1. Overton has increased the number of water fountains/bottle fillers so our students have access to water throughout the day.
2. Overton has increased opportunities for students and staff to participate in physical activity throughout the day.
3. Students are taking on some of the responsibility of educating each other on healthy choices as well. Our FCCLA and FFA students have created posters educating their fellow students on proper hygiene and nutrition and provided opportunities for students to try new and healthy foods by hosting tastings during lunch. Our greenhouse provides fresh vegetables for our lunch line.

## **Next Steps**

While Overton has had great advances in the overall wellness of our school, we continue to seek individuals who would like to serve on this committee so advancement will continue into the future. Our wellness team will also continue to encourage more healthy snacks provided for our students during the day.